

# Ultramarathon Man

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an ultramarathon is a footrace longer than the traditional marathon distance of 42 195 kilometres 26 mi 385 yd the sport of running ultramarathons is called ultra running or ultra distance running

upcoming all dates specify dates all distances 5k 10k half marathon marathon ultra specify distance limiting to 1000 ensures a fast response for all visitors use filter options to make this

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home to the world s finest ultramarathon races latest ultra stories and news search our comprehensive ultramarathon race calendar for your next challenge

may 1 2025 simply put an ultra marathon is any foot race longer than the standard marathon distance of 26 2 miles 42 2km these events can range from 50km to 100 miles or more covering

ultramarathons or ultras are any running races beyond the standard marathon distance of 26 2 miles or 42 2k the most common ultra distances are 50k 100k 50 miles or 100 miles but each event is

oct 31 2022 how long should you train for an ultramarathon how long you should train for an ultramarathon depends on your current fitness and past running experience the length of the ultra in

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